

John Fremont's Favorite Brown Sugar Cookies

1/4 cup butter	1 cup flour
1/2 cup brown sugar	1 tsp baking powder
2 egg yolks, beaten	1/2 tsp salt
2 egg whites, beaten	3/4 cup chopped nuts
1/3 cup milk	raisins to suit

Cream butter and brown sugar in wooden mixing bowl. Add beaten egg yolk. Blend well. Then add beaten egg white. Again blend thoroughly. Stir in milk. Sift flour. Measure out 1 cup. Sift again with baking powder and salt into first mixture. Lastly add chopped nuts. Mix everything thoroughly. Drop batter by teaspoonfuls onto lightly greased baking sheet. Press one raisin into the center of each cookie. Bake at 400 degrees for about 15 minutes. Makes 15 cookies.



John Charles Fremont (1813-90), well known explorer, political leader and general, was raised in South Carolina. He used Kit Carson, the noted mountain man, as his guide on his historic trek West.

This man was a Union general in command of the Department of the West in July 1861. His administration was found to be corrupt, reckless and flamboyant. He was finally removed from office due to his excessively harsh policies regarding slave owners. He was transferred to the Mountain Department in March of 1862 but was a total failure in the 1862 Shenandoah Valley Campaign. He was then relieved of his command when he refused to serve under General John Pope, an old adversary.