

## Abraham Lincoln Ate These Honey Cookies in 1831

2/3 cup shortening	5 cups flour
1/2 cup sugar	1 tsp baking soda
1 cup strained honey	1/2 tsp salt
1 egg beaten	1/2 tsp nutmeg
1/2 cup sour milk	1/2 tsp cinnamon
	1/2 tsp cloves

Cream shortening and sugar in wooden mixing bowl. Add honey and blend thoroughly. Stir in the beaten egg and sour milk. Now sift together in separate bowl the flour, baking soda, salt, nutmeg, cinnamon and cloves. Combine these dry ingredients with liquids in wooden mixing bowl. Blend well. Set aside and let chill. When chilled, put dough on floured board. Roll out to 1/4 inch thick. Cut out cookies with cookie cutter or upside down drinking glass. Put cookies on greased baking tins and bake at 350 degrees for about 10 minutes. Makes about 4 dozen 2-1/2 - inch cookies.



Abraham Lincoln moved in 1831 to New Salem, a small town on the Sangamon River where he worked as a rail-splitter. He boarded at Rutledge Tavern where he usually ate bacon, eggs and corn bread or scrapple for breakfast. He was known to have a special affinity for honey.

A honey cookie served to Abe by the beautiful Anne Rutledge who worked there as a waitress was prepared exactly as shown above. Lincoln said this regarding the *Bible*: *"In regard to this Great Book, I have but this to say, I believe the Bible is the best gift God has given to man. All the good Saviour gave to the world was communicated through this book."*